

# Client Health History: Non-Invasive Ultrasound Health History Intake



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home/Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_  
Email: \_\_\_\_\_ Preferred Contact: Cell \_\_\_ Work \_\_\_ Email \_\_\_  
Emergency contact name: \_\_\_\_\_ Phone \_\_\_\_\_  
Relationship to you: \_\_\_\_\_

**SKIN TYPE:** Review the skin types below, using the Fitzpatrick Scale, and check the one that best describes your skin. This information will be used by your technician to determine the most appropriate way to approach your treatment(s):

- I. Very fair skin; blonde or red hair; light-colored eyes; freckles common
- II. Fair skinned; light hair, light eyes
- III. Very common skin type; fair; eye and hair color vary
- IV. Mediterranean Caucasian skin; medium to heavy pigmentation
- V. Mideastern skin; rarely sun sensitive
- VI. Black skin; rarely sun sensitive

Are you of Asian heritage (Class V) and/or have a history of keloid scarring?  Yes  No

**Areas of concern. Check all that apply:**

\_\_\_ Abdomen \_\_\_ Upper Legs "Saddle Bags" \_\_\_ Lower Legs (Hamstring Area) \_\_\_ Inner Thigh  
\_\_\_ Arms (tricep side) \_\_\_ Back \_\_\_ Buttocks \_\_\_ Calf \_\_\_ Flanks "Love Handles" \_\_\_ Other \_\_\_\_\_

**Cosmetic History**

Have you used Accutane in the past year? Yes \_\_\_ No \_\_\_

Are you using any topical creams, lotions, or oral antibiotics for acne, skin cancer, antiaging or hyperpigmentation?

Please List: \_\_\_\_\_

**Health History**

Do you form thick or raised scars from cuts or burns? Yes \_\_\_ No \_\_\_

Do you have any kind of tumor or cancer? Yes \_\_\_ No \_\_\_

Have you had chemotherapy in the past 6 months? Yes \_\_\_ No \_\_\_

Have you had any abdominal surgery? Yes \_\_\_ No \_\_\_

Continued ⇨

**Client Health History: Non-Invasive Ultrasound Health History Intake continued**

Do you have any of the following conditions:

- Epilepsy  Pregnancy and/or breastfeeding  Autoimmune disease  Acute inflammation
- Diabetes  Dental implants, crowns, metal fillings  Pacemaker or internal defibrillator
- Implanted neuro stimulators or other internal electric device
- Metal implants or other implants in the treatment area, i.e. IUD, screws, plates  Thrombosis or phlebitis
- Kidney or liver disease

Do you have a history of Erythema Ab Igne (EAI), a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat? Yes \_\_\_ No \_\_\_

Do you have any other health condition not mentioned here? Yes\_\_\_ No\_\_\_ If yes, please list \_\_\_\_\_

Do you have any allergies to medications, food, latex, topical products, and/or other substances? \_\_\_\_\_

Have you consumed drugs or alcohol in the last 24 hours? Yes\_\_\_ No\_\_\_

Have you undergone any recent surgery or procedure? Yes\_\_\_ No\_\_\_

If yes, please explain \_\_\_\_\_

Please list all vitamins and supplements including herbal remedies you take regularly \_\_\_\_\_

Please list all current medications including aspirin, ibuprofen, blood thinners, etc. you take regularly \_\_\_\_\_

Is there anything else you would like us to know? \_\_\_\_\_

I certify that the preceding medical, personal and skin history statements are true and correct. I am aware that it is my responsibility to inform the esthetician of my current medical or health conditions and to update this history. A current medical history is essential to execute appropriate treatment procedures.

Client Name (Printed) \_\_\_\_\_

Client Name (Signature) \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician/Technician: \_\_\_\_\_ Date: \_\_\_\_\_